

September 2025 Newsletter

Cathy Gill's Report

Bowel Care & Diabetes Management/Insulin Administration training for group 2/2025 will be on Tuesday 21 October.

Our Standard Compliance Return for Community Housing is currently underway for 2025. Evidence in the Performance Outcome areas of Tenants and Housing Services, Housing Assets and Financial Viability are being assessed.

Westlakes Access & Support Inc

32nd Annual General Meeting will be held on Wednesday 22nd October 2025 6.00pm



*Lynn has returned from her NZ holiday.....Welcome back
Lynn will share some pics in our October Newsletter!*



Our First Street home ramp & footpaths are complete. We now have a ramp from the front door entrance and wheelchair accessible footpaths around the home.

Change of Venue

If you are joining us to celebrate Lisa, Stephen, Suzie & Helen's 60th birthdays we have moved the celebration to Club Macquarie - 458 Lake Road Argenton
Wednesday 1st October 2025 - 11.00am – 2.00pm *"See you there"*



Helen has been getting out more in her new set of wheels.

Out & About



Lisa & Suzie enjoying the beautiful spring weather at Lake Macquarie.

Kelly supported our Albion Close residents to create some amazing art work for the walls of their home. Well done everyone they look amazing



Donna has been unwell; she is much better and home with us again. Thank you to all our staff members who have supported her in hospital.



Happy 60th Birthday wishes to Helen!

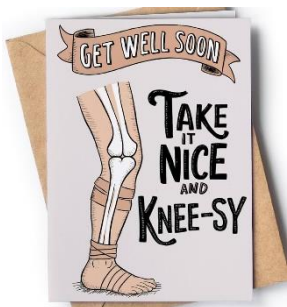


Also celebrating birthdays in September our staff member Sharon and committee members Kath Gracz & Narelle Grabham & many happy birthday wishes to Jill, Stewart & Hamish Arblaster- lots of cake in that household.

No “Spotlight on” this month just a few dates for your diary.



**Wednesday October 1st - 60th birthday celebration
Sunday 5th October 2am clock goes forward 1 hour
Monday October 6th - Public Holiday
Tuesday October 21st Group 2 Training (Bowel & Diabetes)
Tuesday 4th November 2025 Staff meeting/training
Thursday 27th November Staff Engagement Day
Thursday 18th December 2025 Residents Christmas lunch**



We sent best wishes to David after his knee surgery- on behalf of all at Westlakes. By all reports David is going well and will return to us early October.

We send our best wishes to Jo who has finally decided to retire. John & Jo will be travelling this country far & wide hopefully they will remember to send us pics, oh and visit when they can. All the best you are missed.



Lake Mac Events- check out lakemac.com.au/events for more events.



**Streets Alive! West Wallsend
Family Fun Day
Friday, 10 October 2025
10:00 AM to 1:00 PM**

Manhattan Short Film Festival - Rathmines Theatre,



Over 100,000 film lovers in 500+ cities across 6 continents gather to view and vote on Films in the 28th MANHATTAN SHORT Film Fest.

Ten short films are selected from entries from around the world and will screen in over 500 venues across six continents during one week. Audiences at each venue are

handed a voting card and asked to vote for the one film they think is best.

Votes are sent through to Manhattan Short HQ and the winner is announced the following day.

Friday, 03 October 2025 7:00 PM to 09:00 PM

Stilling Street & Dorrington Road Intersection, Rathmines



Tuesday, 30 September 2025 10:30- 2:00 Come together to celebrate, learn and share in Aboriginal culture. Enjoy a day of connection, creativity and community. Bring your family, friends and an open heart to experience the richness of culture in a beautiful lakeside setting.

- cultural workshops for all ages
- learn and participate in traditional practices
- free sausage sizzle from 1pm

Free event, everyone welcome!

Multi-Arts Pavilion, mima Speers Point Park,

Westlakes Access & Support Inc Ph: 49 587 442 a/h Ph: **0409 587 442**

National Disability Insurance Agency Ph: 1800 800 110

NDIS Quality & Safeguards Commission Ph: 1800 035 544

Disability Advocacy Service -Hunter Ph: 49 27 0111 / 1300 365 085

Hunter Region Tenants Advice & Advocacy Service (HTAAS)

Free telephone advice, information, advocacy, and (where appropriate) representation at the NSW Civil and Administrative Tribunal (NCAT).

Access is via the telephone advice line on 4969 7666 or freecall 1800 654 504.