




## *December 2025 Newsletter*

### **Cathy Gill's Report**

**In the past year our staff have celebrated engagements & weddings, school years finishing & awards given, babies conceived, grandchildren born, holidays enjoyed, goals strived for and kicked, health regained and also sadly sickness endured.**

**Through all of these hurdles the support given to our residents has not diminished. On a whole, it has been a good year for all our residents who remain in good health and continue to live a quality life, that in itself is a testament to our amazing support team. I would like to acknowledge and express my gratitude to all our staff for another 12 months of “ a job well done” Thank you.**

There will be no interruptions to our usual pay days over this period.  
Pay dates will be Tuesday 23 December 2025 and Tuesday 6 January 2026.



**Our residents will be enjoying a Christmas day lunch  
at First Street this year  
If any family members are wanting to join them  
please advise Lichelle, Lynn or Cathy**

**Hoping you all enjoy a Merry Christmas**

**&**

**Stay safe as we leap forward into 2026**

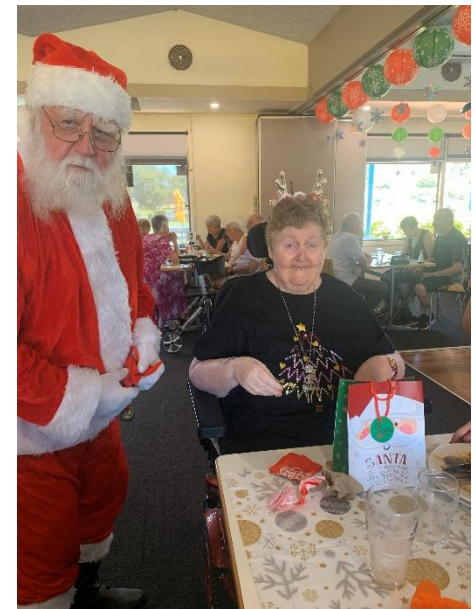
**2025**



**2026**



What a fabulous day we had for our residents Xmas lunch  
Santa found us and once again was the highlight of the day.  
Thank you for all staff involved in making our residents lunch a success.





Thank you to all our special guests who were able to make the Xmas lunch

Jan, Errol & Lan  
Cecily & Lynnette  
Kath G & Kath R  
also Heath, Kath C & Deb  
who came to join our residents for Xmas lunch.





**Santa remembered his naughty & nice list... We all made the nice list.**



**Thank you Santa.....**





**Robyn, Suzie, Raeline, Donna, Susan, Stephen, Lisa, Santa & Helen**



**standing: Deb, Lynnette, Jan, Lichelle, Raeline, Tanika, Errol, Susan, Jenny, Heath, Stephen, David, Lynn, Kath G, Lan, Kabin, Louise, Kath R  
seated: Cecily, Robyn, Tanya, Suzie, Donna, Cathy, Lisa, Santa & Helen.**



It was a “all about our residents” kind of day.....



but I think we all had as much fun as our residents did!



Thanks again to the staff on the day Jenny, Tanika, David, Tanya, Kabin & Louise. Also to Leanne, who was not able to join us for lunch but helped our residents get ready for their big day.





To all our Sagitarians born in December  
David, Heath, Lynn & Cathy  
also to  
Cecily Morrow & Carmyl Mukherjee

Hoping you get to celebrate  
in true “Sagi” style!



### **Preparing for an emergency**

Emergencies and natural disasters can happen at any time, often without warning. Whether it's a bushfire, flood, storm or other crisis, being prepared helps protect your safety, support those around you and reduce the impact on your home and wellbeing.

#### **Know your risk**

Think about the area you live in and the types of disasters that could affect you.

Connect with [nsw.gov.au/emergency/emergency-services](http://nsw.gov.au/emergency/emergency-services) to find out more about your risk.

#### **Make a plan**

Talk with your household about what you'll do in an emergency. Decide where you'll go, how you'll stay in touch and what you'll take with you. Include pets, neighbours and anyone who may need extra support.

#### **Prepare your home**

Simple maintenance can make a big difference. Clear gutters, secure loose items, trim overhanging branches and check your insurance. These steps help reduce damage and improve safety.

#### **Stay informed**

Use trusted sources to stay up to date during emergencies:

[Hazards Near Me NSW App](#) for alerts and safety advice

[Live Traffic NSW](#) for road closures and conditions

[Bureau of Meteorology](#) for weather warnings

#### **Look out for each other**

Share information with your family, friends and neighbours. Check in with people who may need assistance. Keep these [5 simple steps](#) on your fridge and start getting ready today.

**Westlakes Access & Support Inc** Ph: 49 587 442 a/h Ph: **0409 587 442**

**National Disability Insurance Agency** Ph: 1800 800 110

**NDIS Quality & Safeguards Commission** Ph: 1800 035 544

**Disability Advocacy Service -Hunter** Ph: 49 27 0111 / 1300 365 085

**Hunter Region Tenants Advice & Advocacy Service (HTAAS)**

Free telephone advice, information, advocacy, and (where appropriate) representation at the NSW Civil and Administrative Tribunal (NCAT). **Access is via the telephone advice line on 4969 7666 or freecall 1800 654 504.**